



Term 4 – Newsletter 16 Friday 7th October 2022

Dates for the Diary 2022



Dates for the Diary 2022

Term 4

11th October
Regional Athletics

14th October
Student Free Day
– PPD

28th October
Day for Daniel

31st October
Student Free Day

1st November
Melbourne Cup
Day

**2nd – 4th
November**
3-6 Coonawarra
Camp

9th November
Division Cricket
Blast

13th December
State-wide
Transition
&
Grade 6
Graduation



Our Vision

At Hazelwood North Primary School, we are a community of life-long learners who are inclusive, kind, and curious. We are problem solvers who work together with confidence to strive for growth and excellence.

Principal News

Welcome back everyone! I hope you had a good break with your children and some time to relax. A shout out to our working parents, I hope you had a good couple of weeks too! It has been fantastic seeing how quickly our students have settled back into learning routines.

We have a busy term and even though it is a bit longer than other terms we have a lot going on! We are looking forward to our Coonawarra Camp on the 2-4th November for our 3-6 students. This is a fabulous camp and lots of fun. If you haven't returned your child's form, please get it in as soon as possible! We also have some special days planned (e.g.: crazy hair, wearing a certain awareness colour) along with our Grade 6 Graduation evening. Keep an eye out in the newsletter and on Sentral for these dates.

Staffing

We have a couple of staff changes this term. I would like to welcome Mrs Krista Murray back for the term as she and Mrs Natalie Jones fill in for Mrs Morgan while she is away. Ms Jillian Cheek will be working in F/1MJ on a Thursday for the first 4 weeks of term and then this will be covered by Mrs Denise Vesty. As most of you are aware, Mrs Alexander is off for the remainder of the year and her grade is being covered by Mr Dru Berryman. A big welcome to all these people to our HNPS team.

Also welcome back to Mr Simmons who has certainly let us know he is here! Especially after preparing for the grade 5/6 science lesson which involved burning chocolate... and yes, the administration building was filled with smoke (and burnt chocolate smell!!) Thanks to the staff and parent who helped open windows and waft smoke away from the smoke detector. Needless to say, we have now tested our processes with Melbourne ringing to see if we had a fire!

Road Safety

You may have noticed the additional line markings on the road and extra signs that have gone up. This is to help improve the safety on Church Road and guide parents as to where they can and can't park. I would like to thank Josh Wilson from the Latrobe City Council for being responsive and advocating on behalf of the school. We are still waiting to hear about the instalment of an unmanned crossing and Josh is working hard to push for a road speed reduction through VicRoads.

As a school we need to do our part to assist with road safety by:

- Being mindful of the speed you are travelling at and how safely you are driving
- Picking up your child(ren) from the gate if parked on Church Road
- Parking as far to the left as you can on Church Road
- Parking in the hall car park and walking across to pick up your child(ren)
- Not turning right into the car park between 3.00pm and 3.25pm
- Being prepared to do a loop or park your car if your child isn't at the drop off zone in time.

By working together, we can maintain a safe environment for the safety of our children and families. 😊

Student Free Day – Friday October 14th

As identified in the end of term bulletin, our staff will be taking a Professional Practice Day on Friday the 14th of October, so no students are to attend school. We will be visiting another local school to observe their approach to Sounds-Write and then planning how this looks for our school next year. OSHC will be operating and if you need this service, please see the attached brochure or contact Amanda on 0477 377 107.

Parent/Guardian Opinion Survey

A huge thank you to the families who completed the survey this year, with 52% of our community participating. This will give us an excellent idea of how you see our school, our strengths, and the areas for improvement. Preliminary results are in and once these are formalised, I will share them with the community. Staff will also take time to look at the results and identify what we do well and what we need to work on.

New Building

If you have been to the school, you will have noticed the building is starting to take shape, with the framing started this week. We have lost a few days to weather since the start of the build; however, we are still pretty much on track. I have included a couple of photos for those of you who can't get here due to work etc.



Keep smiling and take care,

Gillian Connolly 😊

I Acknowledge the Brayakaulung People from the Gunnai Kurnai Nation as the traditional custodians of this land where I work and live, and pay my respects to elders past, present and emerging. I extend that Acknowledgement to all other Aboriginal and Torres Strait Islander people in Australia.

Welcome Megan Pavich – our school counsellor

A huge welcome to Megan who started work with us this week on Monday. Initially Megan will be meeting with parents of students she will be seeing, then she will start work with the children each Monday.. While she is here Megan intends to run drop-in sessions in our library and can also potentially run some small group skill development sessions! Megan is a Child and Family Therapist with 14 years' experience, who lives and works in Gippsland. We are excited to have her on board and she will continue with us next year.



PB4L & Respectful Relationships

Day for Daniel - this is held on Friday the 28th October to encourage parents and educators to hold conversations with children and young people about personal safety. The PB4L team have organised Senior Constable Clare Donlon from the Proactive Police Unit to come and talk to the students about keeping safe and who to go to if they are worried. We would also encourage students and staff to wear red on the day. For more information, please go to <https://danielmorcombe.com.au/day-for-daniel/>



Hazelwood North Primary School is committed to child safety and upholding the Child Safe Standards

SPORTS NEWS

Congratulations to Taj and Charlotte for making it to the next athletics round. Taj will be competing in the high and long jump, while Charlotte will be competing in the 800mts. Good luck to both students!



Thunderstorm asthma — be prepared this pollen season

Grass pollen season, which runs from October to December each year, brings an increase in asthma and hay fever symptoms. It also increases the risk of [thunderstorm asthma](#). For people with asthma or hay fever, especially those who experience wheezing or coughing with their hay fever, thunderstorm asthma can be sudden, serious, and even life threatening.

Hazelwood North Primary School will implement a range of measures to keep our school community safe when the risk of thunderstorm asthma increases.

Many of our staff are trained in asthma first aid, and we will monitor the Vic Emergency app to receive thunderstorm warnings, and, where appropriate, keep students indoors when weather forecasts identify greater level of risk.

How you can prepare

During pollen season, there are some things you can do to prepare and protect yourself and your family:

- If your child has ever had asthma: talk to your doctor about what you can do to help protect your child from the risk of thunderstorm asthma, including updating your asthma action plan. Taking an asthma preventer properly and regularly is key to preventing asthma, including thunderstorm asthma.
- If your child has hay fever: see your pharmacist or doctor for a hay fever treatment plan and check if you should have an asthma reliever puffer. These are available from a pharmacy without a prescription.
- If your child has hay fever and experiences wheezing and coughing: it is important to make sure they don't also have asthma. Speak to your doctor about an asthma action plan.
- Where possible, avoid being outside during thunderstorms from October to December, especially during the wind gusts that come before the storm. Go inside and close your doors and windows. If you have your air conditioning on, turn it to 'recirculate'.

Protect yourself this pollen season – managing asthma and allergies matters.

Remain vigilant for COVID-19

It is important for students to manage any hay fever or asthma symptoms, as these conditions can produce symptoms such as fever, chills, cough, sore throat, shortness of breath, runny nose, and loss or change to sense of smell or taste, which are similar to COVID-19 symptoms.

If your child experiences these symptoms in different or worse ways to their usual hay fever or asthma symptoms, medical advice should be sought.

Find out more

For more information, visit your general practitioner (GP) or visit the [Better Health Channel](#).

Hazelwood North Primary School is committed to child safety and upholding the Child Safe Standards

Parents & Friends Club Lunch Order Takeaway Menu

Munch Lunch Orders Starting - Tuesday 11th October

Orders: Online App or drop it into school no later than Tuesday 9am

No late orders taken

Thanks to our Parents & Friends Club for the organisation of our new lunch orders
Please see menu below.



SNACKS



Fruit Sald = \$3.00
• Mixture of seasonal fruits



Veggie Sticks = \$3.00
• Carrot, Cucumber, Celery & Capsicum with Hummus dip



Cobs Popcorn - Sweet & Salty 13g snack bags = \$1.50



Vege Chips - 21g Bags = \$1.50
• Plain, Chicken, BBQ & Salt & Vinegar available

WE ARE PLEASED TO SERVE YOUR SCHOOL.

GET IN TOUCH WITH OUR TEAM WHENEVER YOU ARE READY!

Traditional Cash Orders Welcome

ONLINE ORDERS HERE:



App available on android & apple. Just look for Spriggy Schools

MUNCH LUNCH
0459 220 445
Church Street
hello.munch.lunch@gmail.com
facebook/munchlunch

Please note lunches are not made in a allergen free kitchen



SCHOOL LUNCH MENU

DRINKS

Milk - 250ml = \$3.50
• Nippys - Brand may change subject to availability
• Chocolate
• Strawberry
• HoneyComb



Milk - 200ml = \$2.00
• Plain Long life milk



Juice - 250ml = \$2.50
• Nippys - Brand may change subject to availability.
• Apple
• Orange
• Apple & Blackcurrent



Water 600ml = \$3.00

Teachers & staff, please see online menu for additional options for you

SUSHI

All Sushi = \$4.00

Chicken Avocado
• Sushi Rice, Nori Seaweed, Avocado, Plain Chicken & Mayo

Avocado Cucmber
• Sushi Rice, Nori Seaweed, Avocado, Cucumber & Mayo

Tuna Avocado
• Sushi Rice, Nori Seaweed, Avocado & Cooked Tuna

Chicken Schnitzel Mayo
• Sushi Rice, Nori Seaweed, Avocado, Chicken Schnitzel & Mayo

Omelette Carrot Cucumber
• Sushi Rice, Nori Seaweed, Cucumber, Carrot, Omelette & Mayo





SANDWICH

Bread Type = \$1.50
• Bread, Roll or Wrap Available

Meat = \$2.00ea
• Shredded Chicken
• Shaved Ham
• Sliced Roast Beef
• Mild Salami

Salad = \$0.60ea
• Lettuce
• Tomato
• Egg
• Carrot
• Red Onion
• Avocado
• Cucumber
• Beetroot
• Pineapple
• Cheese

Condiments = \$0.50ea
• Mayonaise
• Vegemite
• Strawberry Jam
• Raspberry Jam

HOT FOOD



Party Pies & Rolls = \$1.60 ea



Hot dog = \$5.00
Hot dog - No bun = \$3.00



Bolognese = \$5.50
• Homemade Spaghetti Sauce with elbow or curly pasta



Meat Pie = \$5.00



Sausage Roll = \$4.00



Pastie = \$5.00
• Grated Cheese = \$0.50



Tomato / BBQ Sauce = \$0.30



Glen: 0408762679
Sally: 0403282630

**Come play tennis at the
Hazelwood North Tennis Club
"HOTSHOTS Tennis"**

A program teaching children aged 4 – 12 the basics of the game.

**FREE trial lesson available for all programs.
FREE junior racquet and Hotshots t-shirt for new players**

Options:

**We are hoping to start Lunchtime lessons at Hazelwood North if we have enough interest.
Or if you prefer, we have after school lessons available in Churchill, Yinnar, Morwell, or
Traralgon**

Junior and Senior Competition starts in October

Call Sally or Glen now for more information